

FOR RELEASE  
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## **Suicide prevention training to be expanded in Yukon**

To help build capacity and knowledge on suicide prevention, the Government of Yukon will be funding Applied Suicide Intervention Skills Training (ASIST) in six communities, including Whitehorse, in the coming months.

Over two full days of training, service providers and community members learn to recognize and review risk, and intervene to prevent immediate risk of suicide. The training is free of charge and each session can accommodate up to 30 people. Participants will receive certification.

Yukon College is providing space in community campuses for the training. Service providers and community members who wish to participate can view details and sign up at <https://www.eply.com/ForwardTogetherTraining2017>, contact their local Yukon College campus, or call Health and Social Services at 667-8205.

### **Quotes**

"Ensuring service providers and members of the community are up-to-date on the most recent suicide intervention techniques is of upmost importance for our communities. This training provides best practices on suicide intervention, and can help ensure someone having suicidal thoughts can receive the help they need."

*–Minister of Health and Social Services Pauline Frost*

### **Quick facts**

- ASIST sessions are currently planned for Carcross, Haines Junction, Carmacks, Mayo, Dawson City and Whitehorse. Eight training sessions have already taken place this year.
- Since last fall, more than 120 Yukoners have received ASIST certification.
- ASIST is the most widely used, acclaimed and researched suicide intervention training workshop in the world.
- ASIST training is one piece of a larger strategy aimed to help grow capacity in communities. Trained individuals will gain knowledge to support the work of community-based service providers, as part of ongoing prevention and promotion activities.

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