

FOR RELEASE
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Get active with the ParticipACTION 150 Play List

Government of Yukon, Sport Yukon and the Recreation and Parks Association of the Yukon (RPAY) are challenging all Yukoners to get moving with the ParticipACTION 150 Play List. The Play List is a list of 150 different physical activities that defines Canadians, and has been developed in celebration of Canada's 150th birthday.

Sport and recreation initiatives in Yukon communities will provide opportunities for Yukoners to participate in the ParticipACTION 150 Play List. Sport Yukon, in partnership with Government of Yukon and RPAY, will host an event in Whitehorse in May for Yukoners to try several activities. Community leaders are encouraged to use the Play List to facilitate events in Yukon communities.

Quotes

"We are excited about this opportunity for Yukoners to get active. Active people create happy, thriving communities and I hope the ParticipACTION 150 Play List will inspire Yukoners to explore sport and recreation opportunities in their communities."

–Minister of Community Services John Streicker

"This Play List is a fantastic initiative, as it challenges Canadians to stretch themselves to try something different. We hope it sparks a sense of adventure and accomplishment in Yukoners, while at the same time celebrating a diverse list of physical activities and sports that make us unique."

–Sport Yukon executive director Tracey Bilsky

"RPAY is very excited to see so many winter activities and lots of northern fun included in the ParticipACTION 150 Play List. Yukoners are less active in the winter than during the summer and the Playlist is a great way to explore new ways of being physically active, especially during the winter months. There are some great resources available to support community leaders too, including an event celebration kit, promotional opportunities and micro-grants. Registration is now open, so spread the word, organize an event, find a friend and begin checking off sports and physical activities from your 150 Play Lists!"

–RPAY executive director Anne Morgan

Quick Facts

- Community leaders can apply for micro-grants, promotional opportunities and event celebration kits to promote and host active events in communities.
- ParticipACTION is an initiative by the federal government as part the Canada 150 celebrations.
- The Play List has been compiled by Canadians and sport governing bodies over the past year.

Learn more:

ParticipACTION 150 Play List

Contact:

Lana Selbee
Cabinet Communications
867-393-7471
lana.selbee@gov.yk.ca

Sarah Murray
Communications, Community Services
867-332-1237
sarah.murray@gov.yk.ca

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