

A message from your Palliative Care Resource Team

March 2023



Does your team know how to access discipline specific palliative care?

The Palliative care resource team can help. The palliative care resource team is committed to providing education, resources, and tools for those looking to increase their capacity. The Palliative Care Resource Team (PCRT) has developed discipline specific palliative care education flowcharts.

Who will the flowcharts benefit?

The flowcharts are currently developed for:

- Volunteers
- Caregivers
- Health care aides
- Allied health
- Nurses
- Physicians and nurse practitioners
- Managers and supervisors

Each flowchart directs team members to education options that best support their learning needs as they transition from novice to advanced care providers. The flowcharts integrate the [Canadian Interdisciplinary Palliative Care Competency Framework \(CIPCCF\) Self-Assessment Tools](#), and include education materials developed by the PCRT, recommended resources, and existing high quality palliative care programs and opportunities.

How do I access the flowcharts?

A copy of the flowcharts can be found here <https://yukon.ca/en/flowcharts-health-care-providers-and-caregivers>

You can also request a copy from PCRT at 867-667-9380 or palliativecare@yukon.ca

In this issue:

- Introducing palliative care education flowchart
- Pallium Canada ECHO Webinars for health care providers
- In-Person ECHO sessions for continuing care staff
- Free online palliative care education listing (YGLearn Public Catalogue)

How can I learn more about my palliative care knowledge gaps?

You can complete a self-assessment!

The Canadian Interdisciplinary Palliative Care Competency Framework (CIPCCF) includes discipline specific self-assessment tools. These will help health care providers identify learning needs and monitor progress in multiple settings.

You can find the self assessments here:

<https://www.partnershipagainstcancer.ca/topics/palliative-care-competency-framework/self-assessments/>

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ECHO Webinars

Free palliative care webinars for health care providers.

What is the Pallium ECHO project?

The Palliative Care ECHO Project is a capacity building tele-mentoring program, designed to create virtual communities of learners. The project brings together local health care providers with regional, provincial/territorial, and national subject matter experts. The aim is to support continuous learning, deep-dive learning opportunities, and foster an “all learn, all teach” approach.

National ECHO programming is free for all health care providers to participate in. Some ECHO sessions are targeted to specific professions or practice areas including:

- Personal Support Worker Community of Practice Series
- Long-Term Care Community of Practice Series
- Community-Based Primary Palliative Care Community of Practice Series

How do I access the webinars?

Follow the link below to participate in ECHO online webinars via zoom. All ECHO online webinars are recorded and available for viewing at your convenience. Find them at:

www.pallium.ca/palliative-care-echo-project/



BY



A sample of upcoming online ECHO webinars:

- **Spiritual Care and Rituals Around Death and Dying**
March 1, 2023 from 1–2:00 p.m. ET
- **What's in Store for Palliative Care in Canada: Policy, Advocacy and Implementation:**
March 29, 2023 from 1–2:00 p.m. ET

Click link to register:

<http://www.echopalliative.com/2022/03/02/community-based-primary-palliative-care-community-of-practice/>

Would you like to attend a session in-person?

The PCRT is hosting a select few in-person palliative care ECHO webinars for health care providers employed by Continuing Care. These sessions run from January to April, 2023. A few of the upcoming topics are:

- | | |
|--------|---|
| Mar 1 | Spiritual Care and Rituals Around Death and Dying
Thompson Centre 11:00-12:00 |
| Mar 15 | Palliative Sedation
Whistle Bend Place 11:00-12:00 |
| Apr 12 | Grief and Bereavement: Beyond the Basics
Copper Ridge Place 11:00-12:00 |

To register, please call PCRT at 867 667-9380 or email palliativecare@yukon.ca

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Free Palliative Care Education on YGLearn

These YGLearn online education opportunities and resources are self-directed and available to everyone in all settings.

Education Modules

Copy and paste these links into google chrome:

- **Introduction to Palliative Care Service Delivery in the Yukon:**
<https://yglearn.gov.yk.ca/palliative-care/3806>
- **Yukon Advance Care Planning:**
<https://yglearn.gov.yk.ca/palliative-care/3031>
- **Victoria Hospice Palliative Performance Scale (PPSv2):**
<https://yglearn.gov.yk.ca/palliative-care/3203>
- **Edmonton Symptom Assessment System (ESAS-r):**
<https://yglearn.gov.yk.ca/palliative-care/1866>

Recorded Webinars

- **Life and Death Matters- Providing Compassionate Care To Your Clients, Their Families Members. Your Co-Workers and Yourself:**
<https://yglearn.gov.yk.ca/palliative-care/3916>
- **Life and Death Matters- Caring for Ourselves While We Care for Others:**
<https://yglearn.gov.yk.ca/palliative-care/3942>

Online Self-Learning Courses

Copy and paste the links below into google chrome. After enrolling, you will receive a course enrollment code, allowing you to access the course.

- **Pallium Canada LEAP PSW Online:**
<https://yglearn.gov.yk.ca/palliativecare/4316>
- **Pallium Canada LEAP Fundamentals:**
<https://yglearn.gov.yk.ca/palliative-care/4312>

The Palliative Care Resource Team

How does the Palliative Care Resource Team (PCRT) support Yukoner's living with a life-limiting illness and the people caring for them?

- We connect individuals to existing services and programs.
- We provide links to resources and information regarding a variety of topics, including: advance care planning and caregiver specific supports.
- We provide public education sessions.

How does PCRT support Yukon health care providers?

- We assist with health systems navigation.
- We support care transitions and discharge planning.
- We offer symptom management consultation.
- We link health care providers to best practice resources, tools and information.
- We facilitate and provide palliative care education for health care providers.

For more information about the palliative care resource team and our services please contact us at:

Email: palliativecare@yukon.ca
Phone: (867) 667-9380

Check out our updated website!
<https://yukon.ca/en/palliative-care>